

LEARN TO *skate* & HOCKEY PROGRAMS



2026/2027

SESSION 1 BEGINS: Friday, October 1st, 2026

SESSION 2 BEGINS: Thursday, November 19th, 2026 (No Skating Saturday, January 16th)

SESSION 3 BEGINS: Thursday, January 21st, 2027 (No Skating Thursday, February 18th, 2026)

**** (NO SKATING: (S2) December 20th – January 1st ****

LOCATIONS: Mainway Recreation Centre (MAIN) Rink 2 — 4015 Mainway (East of Walker's Line)

Mountainside Recreation Centre (MOUNT) — 2205 Mt. Forest Dr. (North of the Q.E.W. between Guelph Line and Brant St)

Nelson Community Centre — 4235 New Street (Between Walker's Line and Appleby Line)

| PRESCHOOL (PS) | CLASS CODE | SESSION OFFERED | DAY | TIME | COST | LOCATION |
|--|------------|-----------------|----------|-------------|-------|----------|
| Developing proper posture, pushing, gliding, stopping, turning, jumping and spinning through creative movement and play. <ul style="list-style-type: none"> • Class ratio less than 1:6 • Progress through 4 levels • Must be at least 3yrs of age • No experience necessary. • All levels & ages on the ice (class codes do not represent levels) ** No parents on the ice ** <p>Laced skates, hockey helmets with face masks, waterproof pants and mittens required. (Plastic skates NOT RECOMMENDED)</p> | PSH1 | 1 2 3 | THURSDAY | 5:00-5:30 | \$172 | MAIN |
| | PSH2 | 1 2 3 | THURSDAY | 5:30-6:00 | \$172 | MAIN |
| | PSH3 | 1 2 3 | THURSDAY | 6:05-6:35 | \$172 | MAIN |
| | PSH4 | 1 2 3 | THURSDAY | 6:35-7:05 | \$172 | MAIN |
| | PSF5 | 1 2 3 | FRIDAY | 5:00-5:30 | \$172 | MOUNT |
| | PSF6 | 1 2 3 | FRIDAY | 5:35-6:05 | \$172 | MOUNT |
| | PSF7 | 1 2 3 | FRIDAY | 6:05-6:35 | \$172 | MOUNT |
| | PSS9 | 1 2 3 | SATURDAY | 9:00-9:30 | \$172 | NELSON |
| | PSS10 | 1 2 3 | SATURDAY | 9:35-10:05 | \$172 | NELSON |
| | PSS11 | 1 2 3 | SATURDAY | 10:10-10:40 | \$172 | NELSON |
| | PSS12 | 2 3 | SATURDAY | 10:45-11:15 | \$172 | NELSON |

| LEARN TO SKATE (LS) | CLASS CODE | SESSION OFFERED | DAY | TIME | COST | LOCATION |
|--|------------|-----------------|----------|-------------|-------|----------|
| Learn the skills for becoming a recreational hockey player, figure skater or ringette. Development of forwards, backwards, stopping, turns, edges, cross-cuts and jumping. <ul style="list-style-type: none"> • Class ratio less than 1:8 • Progress through 6 levels • Must be at least 5yrs of age and can stand independently on the ice • All levels & ages on the ice (class codes do not represent levels) Skates, hockey helmets and mittens required. | LSH1 | 1 2 3 | THURSDAY | 5:35-6:20 | \$204 | MAIN |
| | LSH2 | 1 2 3 | THURSDAY | 6:25-7:10 | \$204 | MAIN |
| | LSF3 | 1 2 3 | FRIDAY | 5:00-5:45 | \$204 | MOUNT |
| | LSF4 | 1 2 3 | FRIDAY | 5:50-6:35 | \$204 | MOUNT |
| | LSF5 | 1 2 3 | FRIDAY | 6:35-7:20 | \$204 | MOUNT |
| | LSS6 | 1 2 3 | SATURDAY | 9:00-9:45 | \$204 | NELSON |
| | LSS7 | 1 2 3 | SATURDAY | 9:45-10:30 | \$204 | NELSON |
| | LSS8 | 2 3 | SATURDAY | 10:35-11:20 | \$204 | NELSON |

| PRIVATE AND FAMILY LESSONS (PF) | CLASS CODE | SESSION OFFERED | DAY | TIME | COST | LOCATION |
|---|--------------------------------------|-----------------|----------|--------|--------|----------|
| Learn to skate as a family or privately. <ul style="list-style-type: none"> • Cost is dependant on number of registrations and length of class. Lessons are generally 30-45min long and approx. \$75-\$125/per lesson. | *TIMES TO BE ARRANGED WITH DIRECTOR* | | | | | |
| | PFFH1 | 1 2 | THURSDAY | VARIES | VARIES | MAIN |
| | PFF2 | 1 2 | FRIDAY | VARIES | VARIES | MOUNT |
| | PFF3 | 1 2 | SATURDAY | VARIES | VARIES | NELSON |



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| LEARN TO HOCKEY (LH) | CLASS CODE | SESSION OFFERED | DAY | TIME | COST | LOCATION |
|---|---------------|-----------------|----------|-----------|-------|----------|
| 35 minutes of instructional skating and drills with equipment and sticks, followed by 10 minutes of an informal game. A perfect program for the novice hockey player or skater who has never before played hockey <ul style="list-style-type: none"> • Must be able to skate forward and backwards independently • Class will be divided into different groups based on ability. | LHH1-4YR-6YR | 1 2 3 | THURSDAY | 5:35-6:20 | \$204 | MAIN |
| | LHH2-7YR-10YR | 1 2 3 | THURSDAY | 6:20-7:05 | \$204 | MAIN |
| | LHH3-ADULTS | 1 2 3 | THURSDAY | 7:45-8:30 | \$204 | MAIN |
| | LHF4-4YR-7YR | 1 2 3 | FRIDAY | 5:00-5:45 | \$204 | MOUNT |
| | LHF5-5YR-8YR+ | 1 2 3 | FRIDAY | 5:50-6:35 | \$204 | MOUNT |

Private or Semi-Private lessons are also available. Please email to make arrangements.

| LEARN TO FIGURE SKATE (FS) | CLASS CODE | SESSION OFFERED | DAY | TIME | COST | LOCATION |
|---|-----------------|-----------------|----------|-----------|-------|----------|
| Introduction to figure skating. Continuation of Learn to Skate, with emphasis on development of jumping, spinning and turning. <ul style="list-style-type: none"> • Must be level 4 or higher | FSH1-I | 1 2 3 | THURSDAY | 7:15-8:00 | \$204 | MAIN |
| | FSH2-TEEN-ADULT | 1 2 3 | THURSDAY | 7:45-8:00 | \$204 | MAIN |
| | FSF3 | 1 2 3 | FRIDAY | 7:20-8:05 | \$204 | MOUNT |

| TEEN / ADULT SKATE (AS) | CLASS CODE | SESSION OFFERED | DAY | TIME | COST | LOCATION |
|--|-------------|-----------------|----------|-------------|-------|----------|
| Enhance your skating skills, what ever your level is. For beginners who have never skated before, to advanced groups. A great social and fitness program all in one. | ASH1-BEG | 1 2 3 | THURSDAY | 7:20-8:05 | \$204 | MAIN |
| | ASH2-INT | 1 2 3 | THURSDAY | 7:45-8:30 | \$204 | MAIN |
| | ASH3-HOCKEY | 1 2 3 | THURSDAY | 7:45-8:30 | \$204 | MAIN |
| | ASS4-ALL | 1 2 3 | SATURDAY | 9:00-9:45am | \$204 | NELSON |

7 WEEK SESSIONS

CLASS & PAYMENT INFO:

- Classes are divided based on ability
- All online registrations will receive a confirmation email and receipt
- E-transfers: send to contactus@sportsconcept.ca (no convenience fee)
- All credit card payments will have a \$5 convenience fee
- No refund policy. Credit can be used towards future skating session
- Please add 13% H.S.T (\$204 class = \$230.52 payment)
- Cheques payable to Sports Concept



SEE YOU AT THE RINK!

905.749.2152
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