



# 2021-2022 LEARN TO SKATE and HOCKEY PROGRAMS

Directed By: Tracey McQueen

- SESSION 1:** Starts Friday, October 1st, 2021
- SESSION 2:** Starts Friday, November 12th, 2021
- SESSION 3:** Starts Thursday, January 6th, 2022
- SESSION 4:** Starts Thursday, February 17th, 2022

**ALL GROUP SESSIONS ARE 6 WEEKS LONG**

**LOCATION FOR LESSONS:**

**Mainway Recreation Centre 4015 Mainway** (East of Walker's Line)

**Mountainside Recreation Centre - 2205 Mt. Forest Drive** (North of the Q.E.W. between Guelph Line and Brant Street)

PRESCHOOL (PS)	Class Code	Sessions Offered	Day	Time	Cost	Location
<p>Developing proper posture, pushing, gliding, stopping, turning, jumping and spinning through creative movement and play. Class ratio less than 1:6. Progress through 4 levels. Must be 4 years of age. No experience necessary.</p> <p>No parents are required on the ice. Skates, hockey helmets with face masks, water proof pants and mittens required.</p> <p>Class Codes do not represent levels.</p>	PSH1	1,2,3,4	Thursday	5:30-6:00	\$139	Mainway
	PSH2	1,2,3,4	Thursday	6:00-6:30	\$139	Mainway
	PSH3	1,2,3,4	Thursday	6:30-7:00	\$139	Mainway
	PSH4	1,2,3,4	Thursday	7:15-7:45	\$139	Mainway
	PSF5	1,2,3,4	Friday	5:00-5:30	\$139	Mt. Side
	PSF6	1,2,3,4	Friday	5:30-6:00	\$139	Mt. Side
	PSF7	1,2,3,4	Friday	6:00-6:30	\$139	Mt. Side
LEARN TO SKATE (LS)	Class Code	Sessions Offered	Day	Time	Cost	Location
<p>Learn the skills for becoming a recreational hockey player or figure skater, Development of forwards, backwards, stopping, turns, edges, crosscuts and jumping. Must be 5 years of age and can stand independently on the ice. Class ratio less than 1:8. Progress through 6 levels.</p> <p>Skates, hockey helmets and mittens required.</p>	LSH1-BGN-INT	1,2,3,4	Thursday	5:30-6:15	\$179	Mainway
	LSH2-INT-ADV-FS	1,2,3,4	Thursday	6:15-7:00	\$179	Mainway
	LSH3-ALL	1,2,3,4	Thursday	7:10-7:55	\$179	Mainway
	LSH4-ADULT-TEEN	1,2,3,4	Thursday	7:10-7:55	\$179	Mainway
	LSF5	1,2,3,4	Friday	5:00-5:45	\$179	Mt. Side
	LSF6	1,2,3,4	Friday	5:45-6:30	\$179	Mt. Side
	LSF7	1,2,3,4	Friday	6:45-7:30	\$179	Mt. Side
LEARN TO HOCKEY (HS)	Class Code	Sessions Offered	Day	Time	Cost	Location
<p>35 minutes of instructional skating and drills with equipment and sticks, followed by 10 minutes of an informal game. A perfect program for the novice hockey player or skater who has never before played hockey. Must be able to skate forward and backwards independently.</p> <p>Class will be divided into different groups based on ability. Private or Semi-Private lessons are also available. Please email to make arrangements.</p>	LHH1-5YR-7YR	1,2,3,4	Thursday	5:30-6:15	\$179	Mainway
	LHH2-8YR-10YR	1,2,3,4	Thursday	6:15-7:00	\$179	Mainway
	LHH3-ADV	1,2,3,4	Thursday	7:10-7:55	\$179	Mainway
	LHH4-ADULTS	1,2,3,4	Thursday	7:10-7:55	\$179	Mainway
			<p>Full hockey equipment recommended. Gloves, sticks and hockey helmet with cage are mandatory.</p>			



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PRIVATE & FAMILY LESSONS (PF)	Class Code	Sessions Offered	Day	Time	Cost	Location
Learn to skate as a family or privately. Cost is dependent on how many sign up for a class.	Days and times to be arranged with Director.					
LEARN TO FIGURE SKATE (FS)	Class Code	Sessions Offered	Day	Time	Cost	Location
Introduction to figure skating. Continuation of Learn to Skate, with an emphasis on development of jumping, spinning and turning. Must be level 4 or higher.	LSHZ-INT-ADV-FS	1,2,3,4	Thursday	5:45-6:30	\$179	Mainway
	LFS1-INTRO	1,2,3,4	Friday	6:45-7:30	\$179	Mt. Side
ADULT SKATE (AS)	Class Code	Sessions Offered	Day	Time	Cost	Location
Enhance your skating skills, what ever your level is. For beginners who have never skated before to advanced groups. A great social and fitness program all in one.	ASHI	1,2,3,4	Thursday	7:10-7:55	\$139	Mainway

## IMPORTANT NEWS:

- Face masks  are MANDATORY inside the building but not on the ice
- COVID-19 waiver MUST be signed prior to going on the ice each time
- Skater (12+)/Parents/Guardians MUST be screened and vaccinated for COVID-19 as per provincial legislation
- All levels on the ice for each class/classes are divided based on ability
- All on-line registrations will receive confirmations and tax receipt
- E-transfer - send to [contactus@sportsconcept.ca](mailto:contactus@sportsconcept.ca) (no convenience fee)
- All credit cards have a \$5 convenience fee
- No refund policy. Credit can be used toward future skating session
- Please add 13% H.S.T. (\$139= \$157.07)
- Make cheques payable to Sports Concept

**SEE YOU AT THE RINK**

905.749.2152  
[contactus@sportsconcept.ca](mailto:contactus@sportsconcept.ca)