

Return to Play Protocols

These protocols are in line with other on ice rules and policies intended to enable a safe return to the ice. These protocols are based on current Ontario statutes and regulations, current public health requirements and directives, and Sports Concepts desire to make our teachings safe for all. These protocols are subject to all federal, provincial, and municipal laws, regulations, by-laws, and orders as they may exist. Sports Concepts will communicate in subsequent versions of these protocols updated information as it becomes available. In turn, Sports Concepts will update its practices and protocols to ensure compliance.

COMPLIANCE WITH REGULATIONS

All skating/hockey activities as administered by Sports Concepts will adhere to all federal, provincial, and municipal laws, regulations, by-laws, and orders as they may exist from time to time. This includes but is not limited to compliance with:

- Physical distancing measures
- Health and safety regulations
- Size of permitted gatherings
- Ministry of Health, policies and procedures
- All Safe Sport policies and procedures
- Applicable occupational health and safety requirements

COMPLIANCE WITH PROTOCOLS

All Sports Concepts members, (including staff, skaters, coaches) will sign the attached waiver either on-line or hard copy prior to participation in any Sports Concepts programming. Sports Concepts will keep this form on file for each participant.

COVID-19 EDUCATION

Sports Concepts will ensure that staff, coaches, skaters, parents, members, and volunteers receive education on new safety and hygiene protocols within the organization as well as Government-approved information on ways to limit the spread of COVID-19 including:

- Respiratory etiquette
- Hand hygiene
- Physical distancing
- Use of Personal Protective Equipment (e.g. medical face masks)
- COVID-19 Response Plan to be implemented by Sports Concepts Directors and coaching staff
- Protocols will be emailed to membership once they registered online prior to resumption of activities
- Up to date information will be on file for all Sports Concepts members

Sports Concepts Recreational – Return to Play Protocols

- Information will be distributed on-line to membership on an ongoing basis
- In the event an individual becomes unwell with symptoms of COVID-19 that individual will immediately stop participation in activities associated with Sports Concepts.
- The individual would be isolated outside (in inclement weather in a well-ventilated area) and provided with a non-medical mask
- The individual will be sent home and instructed to follow public health guidelines regarding self-isolation and testing.
- The facility will be informed in order to determine areas to be closed off and/ or require additional cleaning/ disinfecting.
- A member of the Sports Concepts COVID-19 Directors will be informed of the situation and will contact the individual and/or parent/guardian to determine if next steps are being taken regarding testing.
- Any individual having been tested for COVID-19 will not participate in Sports Concepts activities while waiting for the results of the test.
- The COVID-19 Directors will consult the Session Participation tracking sheets to inform other Sports Concepts members who might have been in close contact with the individual
- Any Sports Concepts members who were in close contact with the individual will not participate in Sports Concepts activities and should follow public health guidelines until the diagnosis of COVID 19 is ruled out by health professionals.
- If an individual tests positive for COVID-19 they should inform a member of the COVID-19 Directors
- The Covid-19 Directors will work where requested with the facility and public health officials to assist in contact tracing.
- The COVID-19 Directors will provide the Session Participation tracking sheet to assist public health officials in informing other Sports Concepts members who may have been in close contact with the individual
- Any Sports Concepts members who were in close contact with the individual should not participate in Sports Concepts activities for 14 days and should follow public health guidelines regarding self-isolation and testing
- The COVID-19 Directors will inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines.
- If the COVID-19 test was negative or no test was performed, then the individual may only return to Sports Concepts activities once they no longer have any symptoms of COVID-19.
- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.
- Sports Concepts will establish a program cancellation policy regarding the modification/restriction/postponing or canceling of activities and will communicate the policy with Sports Concepts membership
- Sports Concepts will keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government, or sport officials.
- Sports Concepts members will adhere to Public Health Guideline regarding COVID-19. These may include:
- Any Sports Concepts members who themselves or someone in their household have traveled outside of Canada will self-isolate and not participate in Sports Concepts activities for 14 days

- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in Sports Concepts activities for 14 days
- Any individual with symptoms of COVID-19 is not permitted to take part in Sports Concepts activities
- Any individual who has someone in their household showing symptom of COVID-19, should not participate in Sports Concepts activities

SCHEDULING

Scheduling of on ice sessions/programs will be done on-line for coordination with operations for staggered time between each session for requisite cleaning and sanitizing of the facility between different user groups. Sports Concept will allow 20 minutes between groups so there is no overlap of one class to another.

FACILITY COORDINATION

Safety ambassador assigned to:

- COVID- Forms and waivers have been signed
- Implement measures to manage the flow of traffic in and out of the facility
- Ensure that any person who enters or uses the facility maintains a physical distance of at least 2m from any other person who is using the facility
- Coordinate with operations to ensure cleaning between each program group
- Ensure that participants do not engage any activities that are likely to result in individuals coming into contact with each other.
- Wipe down/sanitize high touch areas i.e. entrance door to and from the facility and the ice surface
- Facilitate compliance by the facility operator with the advice, recommendations, and instructions of public health officials, including any recommendations on physical distancing, cleaning or disinfecting

SELF SCREENING MEASURES

- Self-screening handout to be electronically delivered to all participants and filled in online prior to each session
- Individuals must not attend any program sessions:
 - Exhibit any COVID-19 symptoms, such as a fever, cough, difficulty breathing, or other symptoms identified by health experts
 - Have been in contact with someone with COVID=19 in the past 14 days
 - Have returned from travel outside of Canada (must quarantine for 14 days)
- Individuals who are considered a vulnerable or at-risk will be asked to strongly consider their participation in Sports Concepts activities

HEALTH SCREENING

- Conduct a screening protocol whereby individuals are screened on-site on a daily basis before participating in any Sports Concepts activities. This screening process will be sent out electronically and be filled in by a parent or guardian prior to entering the facility.
- Confirmation of registration will have to following on the bottom:
 - Medical information
 - Face mask mandatory
 - Instructions on coming to the facility ready to step on the ice
 - Designated group assignment
 - Diagram of facility
 - Health screening form
- There will be an email follow up the day before the clinic/lesson as a reminder for the health screening forms to be filled out

TRACKING OF PARTICIPANTS

Track all skater and coach participation in Sports Concepts activities on a daily basis. Keeping a record to assist with contact tracing in the event of any positive COVID-19 cases within the Sports Concepts organization.

PROGRAMMING

Sports Concepts shall limit participation as follows: skating lessons and hockey clinics.

LIMITATIONS ON SIZE OF TRAINING GROUPS

- Group sizes limited to 20 based on current Provincial Guidelines
- All individuals on the ice count as part of the gathering size, including coaches

OFF ICE ACTIVITY

FACILITY ACCESS AND TRAFFIC FLOW

Individuals will follow facility guidelines by using designated entry and exit doors in the facility and any guideline to manage the flow of people within the facility.

SPECTATORS

No spectators unless deemed necessary by Sports Concept and is mandated to wear a face mask and fill out all forms. At no time would we reach the indoor limit of 50 people indoors.

PERSONAL HYGIENE

Individuals should sanitize hands upon entry to facility.

PERSONAL PROTECTIVE EQUIPMENT

- Coaches will wear a non-medical face mask when in open areas of the facility
- Skaters will wear a non-medical face mask when in open areas of the facility and if warming up inside the facility.
- Skaters will be encouraged to wear a full visor over a face cage and parents/guardians are required to sanitize in between use

DRESSING ROOMS

Dressing rooms will remain closed.

SKATES ON/OFF

Skaters and players will arrive to the facility fully prepared to come onto the ice. Parents will put on skaters' skates in their personal vehicles.

PERSONAL ITEMS

All personal items except those items necessary for skating, (skate guards, gloves, Kleenex, water bottle) will be left in personal vehicle. Once on the ice skaters will place them in their designated 'x'.

ENTRY EXIT

- Skaters must follow physical distancing protocols and remain at least 2m apart from any other individual while waiting to enter and exit the ice.
- Skaters will be asked to sanitize hands upon entrance into the arena.
- There will be no use of dressing rooms.
- Parent supervision will be limited, and that individual will be included in the screening procedures including signing the online waiver, on-site assessment for symptoms, hand hygiene and physical distancing while on-site.

ON ICE ACTIVITY

PERSONAL PROTECTIVE EQUIPMENT - COACHES:

- Recommended to wear a non-medical face mask while teaching
 - Any winter gloves that are worn should be washed daily

- Not required to wear a non-medical face mask while skating but must wear masks in open areas of the facility and while entering and exiting the arena
- Any winter gloves that are worn should be washed daily

PERSONAL ITEMS

Skaters must use individual water bottles, tissue boxes etc. during training sessions. No sharing of these items is permitted. Skaters must have their own closed containers (i.e. Ziploc bag) for disposing of used personal items such as tissues. These must be disposed of at home or in a lidded garbage container in the facility.

ON ICE COACHING

Coaches, and skaters must remain at least 2m apart from each other. X's will be placed on the boards to identify where participants are to stand while waiting instruction.

- Areas will be numbered and dedicated to specific coaches to ensure adequate separation of a least 2m
- All coaching should be done using verbal cues and the use of washable markers on the ice. No equipment (other than pucks and pylons) or toys will be used to avoid any touches.